

## **Historic, archived document**

Do not assume content reflects current scientific knowledge, policies, or practices.

*"Pentagon" (Philadelphia)*

# Food

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- 1 - buy it with thought
  - 2 - cook it with care
  - 3 - serve just enough
  - 4 - save what will keep
  - 5 - eat what would spoil
  - 6 - home-grown is best
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*don't waste it*